

The preamble to the United Nations Convention on the Rights of Persons with Disabilities includes the following statement regarding multiple discrimination: the States Parties are...

„Concerned about the difficult conditions faced by persons with disabilities who are subject to multiple or aggravated forms of discrimination on the basis of race, colour, sex, language, religion, political or other opinion, national, ethnic, indigenous or social origin, property, birth, age or other status.“

Notes

Double Minority Challenge



**When services are not tailored
to people's needs,
a new marginalised group emerges**

Double Minority Challenge:

A situation where a disabled person is also an immigrant but the system is providing services based on only one factor.

Persons with disabilities should not have to face multi-faceted and complex challenges in dealing with society and the system.

It is the responsibility of society as a whole to address these challenges. If services are not tailored to real needs, a new marginalised group emerges.

Family-centred services:

- Improve the quality of life for children with disabilities
- Reduce stress and conflict
- Facilitate communication
- Increase understanding and enhance knowledge

Information portal on Island.is

Now you can find detailed information about diagnosis, rights, and services for children with disabilities and their families.

This website, developed by Proskahjálp (The National Association of Persons with Disabilities), is a milestone in services for families of children with disabilities.

The site is called **Children with Disability** and is under Life events on Island.is

Main challenges for families of children with disabilities with foreign backgrounds

- Language barriers
- Lack of support networks
- Complex social situations
- Cultural attitudes towards disability
- Inaccessible information



Ways to improve

To ensure equality and inclusion, these challenges must be seen in context, and solutions developed that take into account the family's diverse backgrounds and needs.

Accessible information: simple and clear communication, multilingual materials, visual presentation.

Active listening: invest time in communication, use interpreter services when needed, be actively present.

Social connection: parent groups, building relationships, support from others in similar situations.

Ongoing education: training in diversity and awareness on prejudice.

Collaboration is key: interdisciplinary cooperation.