



Getting started: Word association When I say 'CONSENT', you think Take turns saying a word Coline Cadoret

What will be covered today

Why this Session? Perspective, Intentions and Benefits

Different perspectives

01

03

Experiences, influences and

power

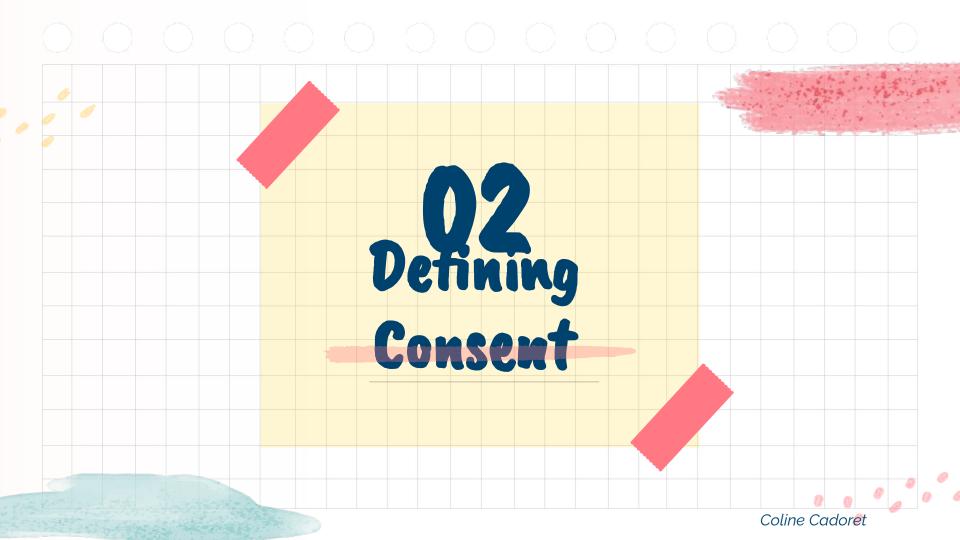
05 Making mistakes

Mistakes are ok and part of the process; being accountable

Defining Consent 02 Consent as a practice of skills Modelling consent 04 skills Modelling **boundaries** (saying and hearing 'no' etc.) Scenarios 06

Reflecting together

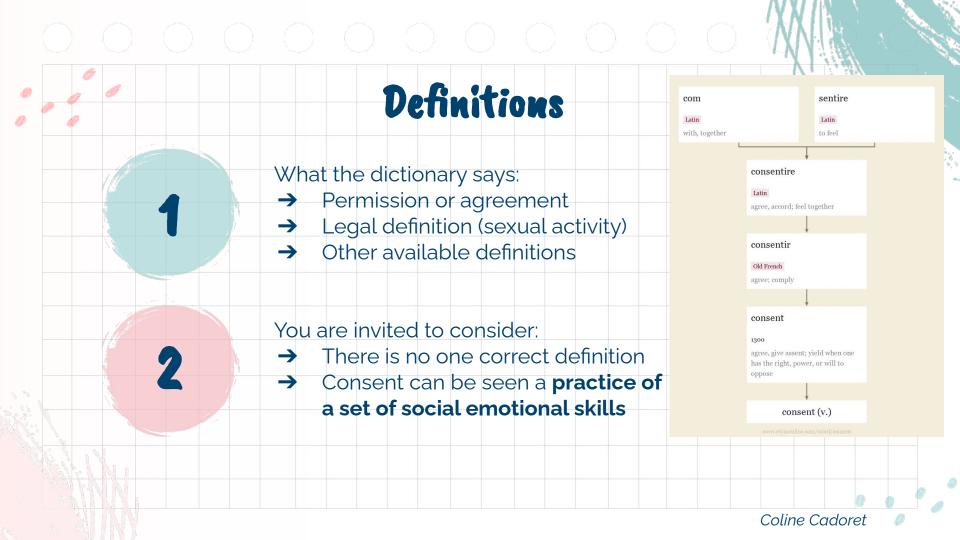




What is

How confident do you feel about defining this concept?

Discuss with your small group and come up with a definition together





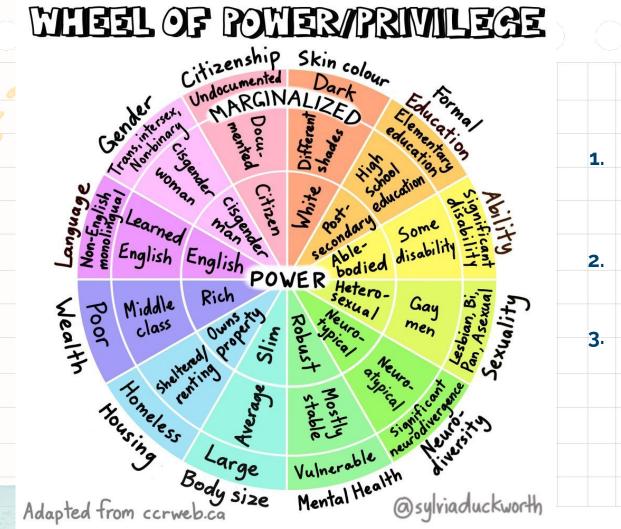
Consent skills - think and share in pairs

Collaborative **Identifying and voicing** Hearing and Identifying non-verbal Saying 'no' our needs and wants responding to a 'no' negotiation cues Saying that we have Acknowledging our Being accountable changed our minds power Which consent skills are Can you remember a time when you didn't the most **important**? For say 'no' **although** you us? And for the young 01 wanted to? people we care for? Which skills do you think are valued and taught?

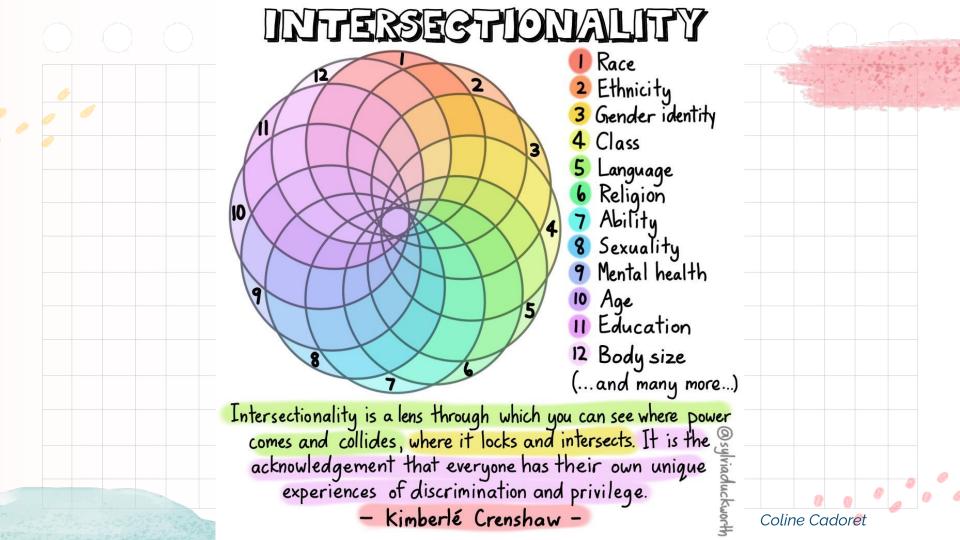
03

04

What are the circumstances in which you speak up for yourself (your needs) and those when you don't? How have **people** made it **easier** for you to speak up? How have they made it **harder**?



- 1. Where would you place yourself on the wheel?
- 2. Can you think of any missing categories?
- 3. How is this relevant to consent practice?



Modelling consent skills Modelling boundaries (saying and hearing 'no', negotiating, changing our mind)

Examples Knowing my needs and

boundaries

E.g. What level of noise am I comfortable with? To what extent is my plan flexible?

Giving options

Including the option to sav 'no'. E.g. giving students choices, allowing them to opt out, to have an 'off day'

Voicing my needs and personal boundaries

E.g. prioritising my mental health over their fun

Saying and Hearing 'no'

E.g. saying 'thank you for taking care of yourself' to a student who voiced a boundary or limit

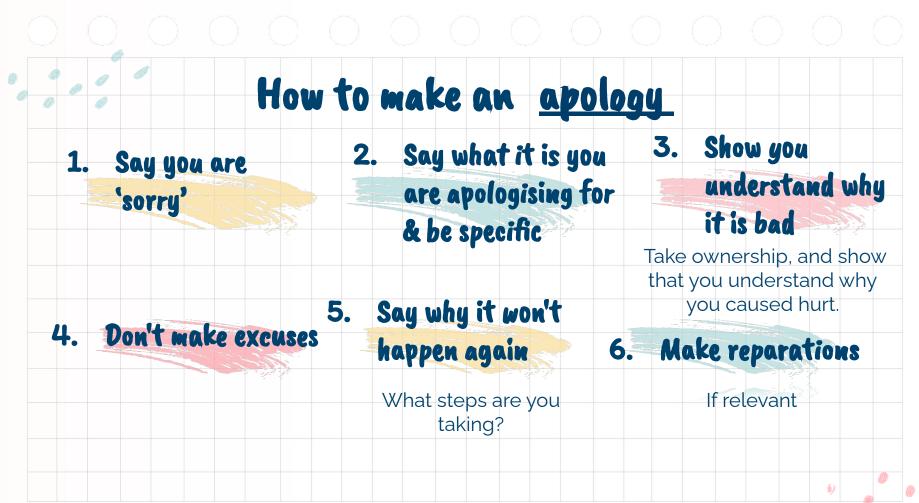
Respecting boundaries

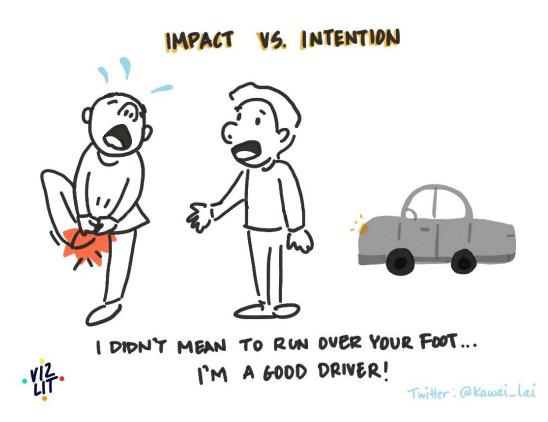
Physical, emotional, time and material E.g. when and where to have a one-on-one check in

Being accountable

E.g. apologising for crossing a boundary, for assuming before checking-in







06 Scenarios

Pick one/two and discuss the course of action in small groups with a **focus on modelling consent skills**

Scenario 1

You are enjoying a quiet lunch during your break. A student comes to ask you if you know about the award they recently got. WWYD?

Scenario 3

You ask a student to read a short paragraph out loud and they say '*I don't feel like reading*' WWYD?

Scenario 2

A student seems upset in your class, you place your hand on their shoulder before you lean to their eye level. They jump as soon as you touch them and they say they do not want to talk.

WWYD?

Scenario 4

A student is moving a table for a group activity. You rush to help them they say 'I can do it, it's fine'. WWYD?

Resources and Recommendations

Betty Martin (2021), The Art of Receiving and Giving - The Wheel of Consent

Marcia Baczynski, Erica Scott (2022). Creating Consent Culture: A Handbook for Educators.

• Cory Silverberg (2022), *You Know, Sex*

Laura McGuire (2023). Creating Cultures of Consent: A Guide for Parents and Educators.

- Sarah Casper (2024), *The Kids and Consent Curriculum*
 - https://www.comprehensiveconsent.com/
 - https://www.creatingconsentculture.com/



- @consent.wizardry Instagram account and website
- CONSENT ACADEMY. Foundations of consent (\$12 self-paced online course)
 - Educate2Empower Publishing + Free resources
 - Advocates for Youth, Racial Justice in Sex Education free online training





Do you have any questions?

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Coline Cadoret

Come talk

to me

about

consent

"Imagine a world where no one fears a violation of their boundaries. A world where everyone feels safe in their bodies and confident to ask for what they want. A world where personal agency and autonomy are honored, and people feel free to express their boundaries, preferences and needs. What would you feel like living in such a world? Can you imagine it? " — Marcia Baczynski & Erica Scott

CONSENT

CULTURE

CREATING