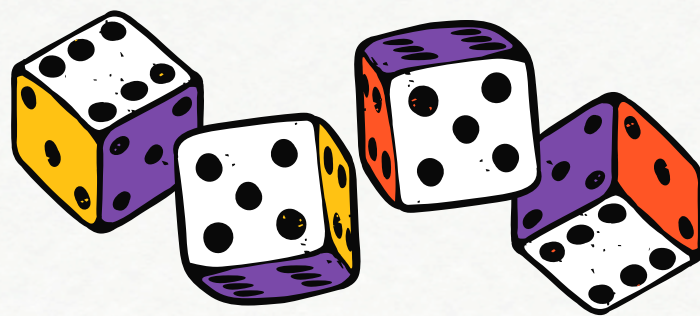


LA PARTITECA



Intervention with young people through board games

INTRODUCTION



A **group-based socio-educational** project for young people, designed to strengthen **emotional and social skills** through **board games**, within the framework of Basic Social Services.

The project is part of a larger initiative called **One more game!**

AN INNOVATIVE METHODOLOGY

A **participatory, engaging, and playful group-based approach**, using a selection of **board games** chosen specifically for their content.

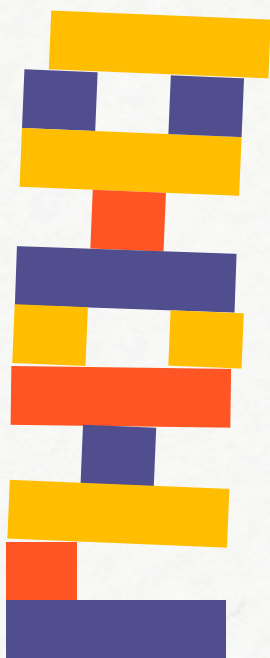
The sessions include **both original games and adapted versions**, designed to delve deeper into emotional and social skills.

The key elements of the intervention are **board games, relational bonding, and role modeling**.

Led by two Social Educators.



BOARD GAMES



- Facilitate **communication, openness, and the creation of interpersonal bonds**.
- Encourage the **identification and expression** of emotions.
- Allow for addressing complex topics and situations from a more **abstract, indirect, relaxed, and playful** perspective.
- Represent a **safe space** where mistakes can be made and corrected.
- Provide the opportunity for the professional to **gather information** through observation.

OBJECTIVES



- To develop **social skills** such as assertiveness, expressive and receptive communication, and managing emotional situations within a group setting.
- To work on **emotional literacy**, including emotional expression and regulation, empathy, and more.
- To **foster group cohesion and a sense of belonging**.



LA PARTITECA
Prevention

CHALLENGES

- To **consolidate** the project.
- To **expand** the intervention to other age groups and contexts.
- To **create and implement an intervention methodology** based on board games within the context of the social services.



AJUNTAMENT DE
Vilanova i la Geltrú

CONTACT:

Judith Félix, jfelixm@vilanova.cat
Esther Ferré, eferre@vilanova.cat

